

# KAUAI 7 DAY FAMILY TRIP

In this download you will find all the details to my family's Kaua'i vacation. The exact place we stayed, ate, and played!

All prices listed are what we paid, this may change depending on when you visit!

I have linked the Airbnb, excursions, restaurants, beaches, a grocery list, and anything else I can! So click away!

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## AIRBNB HIGHLIGHTS

- MINUTES FROM MAIN SOUTH SIDE BEACHES
- 3 BEDROOMS & 3 BATHROOMS
- FULLY STOCKED KITCHEN FOR COOKING
- GORGEOUS PRIVATE PATIO FOR OUTDOOR EATING
- CLOSE TO SWIMMING POOL
- WASHER & DRYER IN UNIT
- GARAGE STOCKED WITH BEACH GEAR

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## WHY WE STAY IN AN AIRBNB

- MORE SPACE TO SPREAD OUT AND SLEEP COMFORTABLY AS A BIG FAMILY
- THE ABILITY TO COOK MEALS AND SAVE MONEY
- OFTEN ITS CHEAPER THAN RESORT STAYS
- WE CAN PACK LESS BECAUSE WE CAN WASH OUR LAUNDRY

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## \$281 PER NIGHT

BEFORE TAXES & FEES

**[CLICK HERE FOR  
AIRBNB LISTING!](#)**





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## **SMITH FAMILY LUAU**

\$75 PER PERSON

- TRADITIONAL HAWAIIAN LUAU
- ACCESS TO HUGE BONTANICAL GARDENS PRIOR TO EVENT
- TRADITIONAL UNEARTHING OF PIG
- MASSIVE BUFFET DINNER & OPEN BAR
- LONG AMAZING SHOW AFTER DINNER
- IT WAS A 10/10 FOR US & THE FOOD WAS AWESOME!

## **KAUAI ATV EXCURSION**

\$168 PER PERSON

- 3 HOUR GUIDED ATV EXCURSION FROM OCEAN SIDE TO MOUNTAINS
- 4 STOPS DURING THE RIDE FOR PICTURES & SNACKS
- SUGAR CANE FISHING
- THIS WAS OUR FAVORITE EXCURSION

## **BACKCOUNTRY RIVER TUBING ADVENTURE**

\$156 PER PERSON

- 3 HOURS ROUND TRIP
- 40 MINUTE DRIVE IN AN OPEN SAFARI TRUCK THROUGH THE MOUNTAINS, ITS BEAUTIFUL!
- 1 HOUR TUBING ADVENTURE DOWN OLD SUGAR PLANTATION CANALS
- PICNIC LUNCH AT FRESH WATER SWIMMING HOLE

## **BLUE DOLPHIN SNORKEL CHARTER**

\$220 PER PERSON

- 5 HOUR CATAMARAN EXCURSION UP THE NAPALI COAST
- THE VIEWS OF THE ISLAND ARE GORGEOUS!
- WE SAW MULTIPLE PODS OF DOLPHINS & FLYING FISH
- YOU SNORKEL FOR ABOUT AN HOUR, THIS PART WAS JUST OKAY ON THE DAY WE WENT
- A LIGHT BREAKFAST & LUNCH ARE PROVIDED AND WE LIKED ALL THE FOOD!





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## **SOUTH SIDE BEACHES**

### **BRENNECKES BEACH**

- 5 MINUTES FROM AIRBNB
- WE CAME TO THIS BEACH ALMOST EVERYDAY BECAUSE ITS GREAT FOR BOOGIE BOARDING
- PUKA DOGS IS WALKING DISTANCE

### **POIPU BEACH**

- 4 MINUTES FROM AIRBNB
- TONS OF TURTLES BEACH THEMSELVES IN THE EVENING
- GREAT FOR SHALLOW SWIMMING & SNORKELING
- PUKA DOGS WALKING DISTANCE

### **LAWAI BEACH**

- 10 MINUTES FROM AIRBNB
- THE BEST SHORE SNORKELING WE FOUND
- RIPTIDE SHAVED ICE IS RIGHT ACROSS THE STREET
- 3 MINUTES FROM RESTURANTS LIKE BUBBA BURGERS & SAVAGE SHRIMP

### **SHIPWRECK BEACH**

- 10 MINUTES FROM AIRBNB
- LARGE SHORELINE TO SPREAD OUT
- POTENTIAL BOOGIE BOARDING, BUT MORE LIKELY SWIMMING
- SMALL PARKING AREA
- VENDOR WAS SELLING COLD COCONUTS WHEN WE WERE THERE





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## **NORTH SIDE BEACHES ETC.**

### **ANINI BEACH**

- LONG CALM BEACH WITH A NARROW SHORE LINE
- OPTIMAL FOR SNORKELING & WADING IN WATER
- LOTS OF PARKING AVAILABLE

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### **TUNNELS BEACH**

- CAVE TO WALK IN AND EXPLORE
- LARGE BEAUTIFUL BEACH
- WAS CLOSED FOR SWIMMING DUE TO STRONG WINTER CURRENTS - WOULD BE BETTER FOR SPRING/SUMMER

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### **HANALEI BAY**

- 5 MINUTES FROM TOWN OF HANNALEI WHICH IS ADORABLE WITH A LOT OF RESTURANTS & VENDORS
- DURING SPRING/ SUMMER THIS WOULD BE GOOD SNORKELING
- IT WAS CHOPPY WHEN WE VISITED IN NOVEMBER

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### **KĪLAUEA LIGHTHOUSE & WILDLIFE REFUGE**

- NOT A BEACH, BUT INSANELY BEAUTIFUL VIEWS
- YOU CAN TOUR HERE WEDNESDAY- SATURDAY 1-4PM





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## REASONABLY PRICED FOOD

### DA CRACK

- 5 MINUTES FROM AIRBNB
- BURRITOS, TACOS, BOWLS, KIDS MENU
- \$15 PER PERSON ON AVERAGE
- TAKE OUT ONLY

### PACOS TACOS

- MULTIPLE LOCATIONS, ONE IS 3 MINUTES FROM AIRBNB
- TRADITIONAL MEXICAN FOOD + KIDS MENU
- \$15-25 PER PERSON AVERAGE
- TAKE OUT & DINER IN

### BUBBA BURGERS

- MULTIPLE LOCATIONS ON ISLAND, ONE IS 5 MINUTES FROM AIRBNB
- \$12-\$15 PER PERSON
- BURGERS, HOT DOGS, FRIED FISH, FRIES, ONION RINGS
- NO KIDS MENU

### KOLOA PIZZA

- 7 MINUTES FROM AIRBNB
- PIZZA AND APPETIZERS
- \$25-\$30 PER PIZZA (EACH PIZZA FEEDS 3-4 PEOPLE)
- SURROUNDED BY LITTLE SHOPS TO WALK THROUGH
- NO KIDS MENU

### PUKA DOGS

- HAWAIIAN HOT DOGS, CHIPS, LEMONADE
- \$15 PER PERSON
- WALKING DISTANCE TO BEACH
- NO KIDS MENU

### WAIKAMO SHAVED ICE TRUCK

- NATURAL SHAVED ICE.
- NO FOOD DYES OR ARTIFICIAL INGREDIENTS
- \$10 PER SHAVED ICE

### RIPTIDES SHAVED ICE TRUCK

- ORGANIC SHAVED ICE OPTIONS
- NO FOOD DYES OR ARTIFICIAL INGREDIENT OPTIONS
- ALSO HAS SNACKS
- \$8-10 PER SHAVED ICE





# KAUAI 7 DAY FAMILY TRIP

## COOK AT AIRBNB MENU

We don't cook all of our meals, but we do cook a lot. Each meal out averaged about \$75 so we try to limit it to eating out one meal a day. Breakfast is the easiest meal to make at home before we head out for each day's adventures. Also packed lunch picnics made being out and about easy!

### BREAKFASTS:

- TATER TOT BREAKFAST CASSEROLE
- ENGLISH MUFFIN BREAKFAST SANDWICHES
- BISCUIT BREAKFAST CASSEROLE
- EGGS, BACON, FRUIT, CINNAMON RAISIN BREAD
- BREAKFAST BURRITOS
- PANCAKES, BACON, EGGS
- CINNAMON ROLLS, SAUSAGE PATTIES, EGGS FRUIT

### LUNCHES:

- SANDWICH BAR STUFF
- CHIPS & SNACKS
- MANDARIN ORANGES
- SECOND HALF OF BBQ BURGERS
- LEFTOVERS FROM DINNERS

### DINNERS:

- BBQ BURGERS, BAKED BEANS, MACARONI & CHEESE
- SIMPLE BEEF TACOS, MEXICAN RICE, REFRIED BEANS, CORN
- SPAGHETTI AND GARLIC BREAD

### SNACKS:

- YOGURT DRINKS
- APPLE SAUCE POUCHES
- TRAIL MIX
- BEEF STICKS & BEEF JERKY
- GRANOLA BARS
- CRACKER PACKS

AVERAGE COST PER MEAL IS AROUND \$20 AND FEEDS 5-6 PEOPLE

**[GROCERY LIST LINK HERE!](#)**





# KAUAI 7 DAY FAMILY TRIP

## OUR ITINERARY

This is roughly what we did each day during our stay, not listing our travel days which were half days!

### DAY 1

- MAKE BREAKFAST CASSEROLE AT HOME
- ATV OFF ROAD TOUR
- PICNIC LUNCH
- POIPU BEACH TO PRACTICE SNORKELING WITH THE KIDS

### DAY 2:

- BREAKFAST BURRITOS ON THE WAY TO OUR TOUR
- SNORLELING TOUR IN THE MORNING
- GRABBED WAIKAMO SHAVED ICE
- PLAYED AT POIPU BEACH
- BUBBA BURGER FOR DINNER

### DAY 3:

- BREAKFAST SANDWICHES AT HOME
- BOOGIE BOARDING AT BRENNECKES BEACH
- PUKA DOGS FOR LUNCH
- MORE BEACH TIME
- KOLOA PIZZA FOR DINNER

### DAY 4:

- BREAKFAST CASSEROLE
- STONE DAM HIKE
- PICNIC LUNCH AND SNACKS
- SNORKELING AT ANINI BEACH
- LUAU DINNER & SHOW

### DAY 5:

- CINNAMON ROLLS, EGGS, BREAKFAST MEAT
- RIVER TUBING EXCURSION
- LUNCH ON TOUR
- COCONUTS AT SHIPWRECK BEACH
- BOOGIE BOARDING AT BRENNECKES BEACH
- PACO TACO DINNER

### DAY 6:

- DROVE TO EXPLORE THE NORTH SHORE
- TREATS & SOUVENIRS IN HANNALEI
- WALKED TUNNELS BEACH
- PICNIC LUNCH AT KAILEUA LIGHTHOUSE
- SNORKELING AT LAWAI BEACH
- SHAVED ICE AT RIPTIDES
- BOOGIE BOARDING BRENNECKES BEACH
- DA CRACK FOR DINNER





# KAUAI 7 DAY FAMILY TRIP

## PRO, CONS, TIPS, & TRICKS!

### FOOD:

- AS USUAL COOKING PART OF THE TIME WILL SAVE YOU MONEY! A LOT OF THE RESTAURANTS ON THE ISLAND ARE Fancier AND MORE EXPENSIVE. THAT ADDS UP FAST.
- EXPECT TO PAY \$10-12 FOR A COFFEE OR SMOOTHIE SO MAKE THAT AT THE AIRBNB WHEN YOU CAN
- SHAVED ICE IS EVERYWHERE. FOR A SUPERIOR SHAVED ICE FIND THE PLACES THAT MAKE THEIR OWN SYRUPS IN HOUSE LIKE THE ONES I LISTED.
- THERE WILL BE LINES AT THE POPULAR PLACES, PREPARE TO WAIT OR GO AT LESS TRADITIONAL TIMES
- THERE ARE CHICKENS EVERYWHERE, THEY WILL TRY AND EAT YOUR FOOD- BE ON GUARD LOL.

### EXCURSIONS:

- CHECK THE REQUIRED AGES FOR EACH EXCURSION BEFORE BOOKING! SOME WON'T ALLOW YOUNGER KIDS.
- BOOKING ONLINE CAN GIVE YOU A DISCOUNT AT SOME PLACES
- MANY LONGER TOURS PROVIDE LUNCH THIS HELPS WITH COST JUSTIFICATION

### NOTES:

- THE SNORKELING EXCURSION WAS MORE OF A SCENIC BOAT RIDE. IT'S GORGEOUS AND WORTH IT FOR THAT ALONE BUT IF YOU JUST WANT TO SNORKEL I'D SKIP THE TOUR AND GO TO LAWAI BEACH. WE SAW MORE OCEAN LIFE THERE.
- THE SNORKEL RIDE IS ON OPEN OCEAN- TAKE DRAMAMINE LOL
- IF YOU DO THE LUAU I RECOMMEND GETTING THERE EARLY TO WALK AROUND AND SPLURGE ON THE TRAIN RIDE!
- KEEP YOUR CAR PACKED FOR THE BEACH WITH GEAR, IT SAVED US A LOT OF TIME AND IF WE PASSED A COOL BEACH WE WERE READY TO PULL OVER AND DIVE RIGHT IN!

### SEASONS:

- WE VISITED IN NOVEMBER, DURING THE WINTER MONTHS ITS RECOMMENDED TO STAY ON THE SOUTH SIDE OF THE ISLAND. ITS DRIER AND THE OCEAN IS MORE CALM. MANY OF THE BEACHES WE VISITED ON NORTH SHORE WERE CLOSED TO SWIMMING BECAUSE OF ROUGH CURRENTS PLAN ACCORDINGLY

